

# Create A Family Disaster Plan



Meet with your family and discuss why you need to prepare for disaster. Explain the dangers of fire, severe weather and earthquakes to children. Plan to share responsibilities and work together as a team.

- Discuss the types of disasters that are most likely to happen. Explain what to do in each case.
- Make sure everyone knows where to find your disaster supply kit and **Go kits** (Go-Kits are emergency kits you pack in advance so that if an emergency strikes, you just pick up the kit and GO!)
- Have a flashlight, a pair of shoes and clothes in a plastic bag under everyone's bed in case there is an earthquake during the night.
- Determine the best escape routes from your home. Try and identify two escape routes.
- Pick two places to meet:
  - Right outside your home in case of a sudden emergency, like a fire.
  - Outside your neighborhood in case you can't return home. Everyone must know the address and phone number.
- Ask an out-of-state friend to be your "family contact." After a disaster, it's often easier to call long distance. Other family members should call this person and tell them where they are. Everyone must know your contact's phone number.
- Discuss what to do in an evacuation.
- Plan how to take care of your pets.
- Practice your evacuation routes, Duck, Cover and Hold, and Stop Drop and Roll drills.
- Create emergency response cards for each of your family members.
- Next, find out about the disaster plans at your workplace, your children's school or daycare center and other places where your family spends time.
- Make copies of important documents and inventory valuables. Keep these in a safe deposit box or with someone outside of the immediate area.

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## Family Disaster Contact Plan

After a disaster, each person should call the designated contact person to report his/her location and condition. This person should be out-of-state because it is often easier to call long distance after a disaster.

### Designated Out-of-State Contact Person:

Phone # (Day): \_\_\_\_\_ (Night): \_\_\_\_\_

### Local Emergency Contact Numbers:

Name	Work #	Home/Cell#

### My Emergency Meeting Places:

Near Home	
Out of Neighborhood	
Workplace	
School/Daycare	