

SAN FRANCISCO FIRE DEPARTMENT offers FREE Neighborhood Emergency Response Team Training
 The goal of this program is to help the citizens of San Francisco to be self sufficient in a major disaster situation by developing multi-functional teams, cross trained in basic emergency skills. Through this program, individuals will learn how to help themselves and their loved ones prepare for and better respond in a disaster.
 The training includes preparedness training as well as hands-on disaster skills.

Subject to change; check the NERT website for the most current schedule.
 Register on Eventbrite: <http://sffdnert.eventbrite.com/> or call (415)970-2024

**Noe Valley
 Holy Innocents Church
 45f Fair Oaks St**

Wednesdays, 6:30pm
 February 20: Class 1
 February 27: Class 2
 March 6: Class 3
 March 13: Class 4
 March 20: Class 5
 March 27: Class 6

**Ingleside
 Lick Wilmerding HS
 755 Ocean Ave**

Tuesdays, 6:30pm
 March 18: Class 1
 March 25: Class 2
 April 1: Class 3
 April 8: Class 4
 April 15: Class 5
 April 22: Class 6



- Full NERT Training Course Outline:**
- Class Session #1...**
 Earthquake Awareness, Preparedness, and Hazard Mitigation
 3.5 hrs
 - Class Session #2...**
 Types of Fire, Hazardous Materials, Utilities Shut-offs, Terrorism Awareness
 3.5hrs
 - Class Session #3...**
 Disaster Medicine
 3 hrs
 - Class Session #4...**
 Light Search and Rescue
 3.5 hrs
 - Class Session # 5...**
 Emergency Team Organization, Disaster Psychology
 3 hrs
 - Class Session # 6...**
 Hands-On Application, Course review, and graduation
 3.5hrs

***Note:** It is important for participants to attend all sessions in order to gain the full scope and benefit of the training. New students may not join after session 2 of the six-week class or on day 2 of the intensive and 3-day sessions.
 Make-ups may be approved.
 A certificate may be issued.



**Personal Readiness Workshop
 GET READY!**
 SFFD NERT and SF SAFE (sfsafe.org) want you to have skills to be prepared for emergencies big or small, and know your neighbors to maximize resiliency after disaster.

- ◆ Risk Awareness
- ◆ Disaster Supplies
- ◆ Personal/Family Disaster Plan
- ◆ Utilities Overview
- ◆ NERT Overview
- ◆ Community, block by block w/ SAFE

Next workshop:
Thursday February 13, 2014
 2310 Folsom St
 SFFD Division of Training
 enter through parking lot gate on 19th Street
 6:30pm-8:30pm



Scan me to register on Eventbrite now!